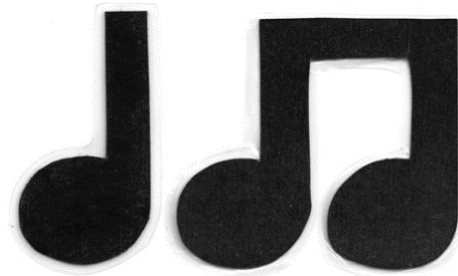




Contents

Teacher Introduction	2
Yellow Bean Bag Game	3
Number 12 and More	4
Downbeat	
Pose	
Two Number Go	
Walk-Away	
Rhythm Echo	
Floor Dictation and More	6
Pencil Dictation	
Color the Patterns	
Rhythm to Words	
Rainbow Cards and Patterns	9
Coordination Exercises	
End Game	
Find the Pattern	
Duets or Ensembles	
Meter: Listen Up!	11
Sample Music for Meters	
Paper Plates	
Feel the Beat	14
1, 2, "Buckle" My Shoe	
Yankee Doodle	
Dot Dance	
Change It!	
Magic Beat Finger	
Appendix: Note Patterns	17



Yellow Bean Bag Game

Objectives: To reinforce the number of beats for notes and rests.

Materials:

- Sixteen 8.5 X 11 cards on cardstock with various note combinations. See "sample note cards" below. Laminate.
- Three 2.5 X 2.5 inch bean bags. (If making these, make extra. Fill with lentils.)
- A yardstick or masking tape for a throwing line.

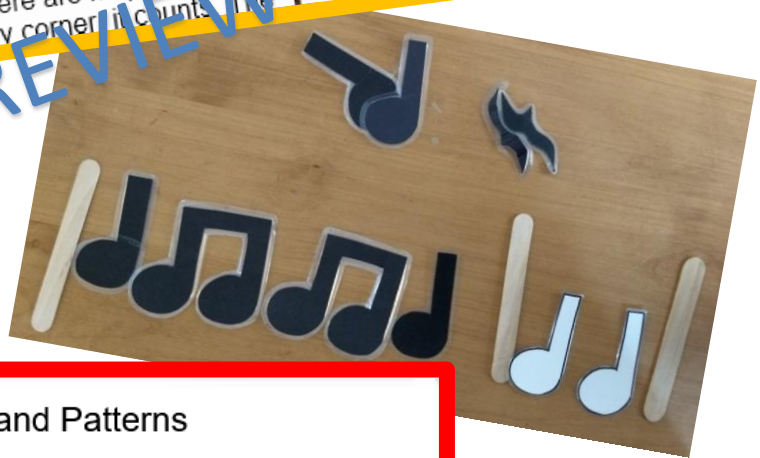
Directions:

1) Set nine cards on the floor. Leave an inch or two between each card. Decide if students will play individually or in teams.

2) Student #1 stands behind a line and tosses three bean bags. If a bean bag misses a card there are no points, but if it lands on a card, even if on the very corner, it counts. The



MUSIC PREVIEW



Rainbow Cards and Patterns

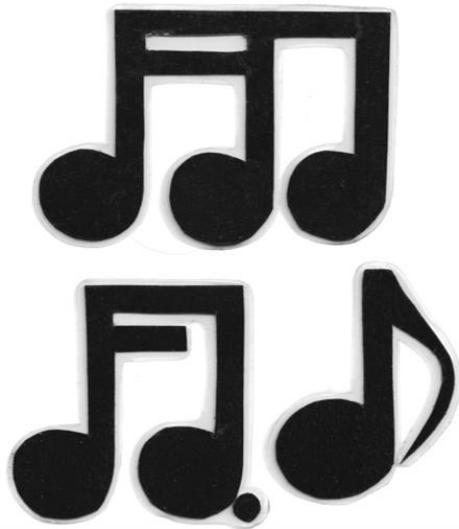
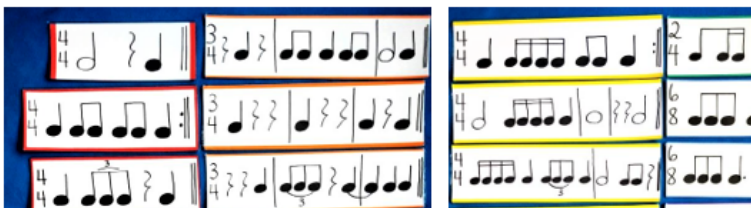
Objectives: To reinforce rhythmic dictation, coordination, and ensemble.

Materials: Rhythm cards (18"X5"). For Other Activities, coordination exercise examples, percussion instruments, white board.

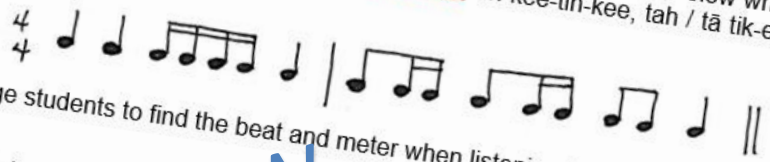
Background: Reinforce what students have learned from doing floor rhythm patterns on laminated cards. Draw the patterns on colored paper a difficulty based on the colors of the rainbow, with red being the easiest.

Example:

- RED: quarter, quarter rest, half, two-eighths, whole, triplet
- ORANGE: same notes with 2/4, 3/4 meter, tie, half rest
- YELLOW: basic sixteenth notes
- GREEN: complex sixteenth notes
- BLUE: 6/8 meter, dotted quarter, single eighth, three-beamed
- VIOLET: dotted quarter/eighth, dotted half



just beats. Have students practice conducting examples like the one below while saying the rhythm using Kodaly syllables: tah, tah, tih-kee-tih-kee, tah / tā tik-ee, tā tik-ee tā-tā tah.



> Encourage students to find the beat and meter when listening to music at home.

Another Activity

Paper Plates: To help students feel 3/4, give each student two white paper plates to step on. Find appropriate music and have them dance around the room.



MUSIC PREVIEW

Feel the Beat

Objectives: To gain skills in inner hearing, rhyming, moving to the beat, and transferring the beat to parts of the body.

Materials: See individual activities.

1, 2, Buckle My Shoe: This is a fabulous piece for beat and inner hearing. Make a chart similar to the one to the right. (Grades K-1)

One, two, buckle (or Velcro/tie) my shoe.
Three, four, shut the door.
Five, six, pick up sticks.



Change It! Movement

Great **Up and Moving** rhythm activities that kids love!

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