

Present day

## Skit Notes: Run that Marathon

Rebecca Locklear

**Summary:** A runner is having difficulties completing a marathon. She quits right around mile 23. After listening to all kinds of stories, what does a counselor recommend to help her keep going?

| <b>Cast of Characters:</b> | <b># of Lines</b> |
|----------------------------|-------------------|
| Female Runner, college age | 31                |
| Counselor                  | 23                |
| Female Actor 1             | 7 ad lib.         |
| Male 1                     | 16 ad lib.        |
| Female 2                   | 11 ad lib.        |
| Male 2                     | 5 ad lib.         |

**Setting:** 2010, counselor's office, various places where runners practice.

**Props:** Desk, chairs, other office-related items, fliers, backpack, suitcase, food items, water bottles, microphone, volunteer bib, runner bibs, "Casablanca Marathon" sign.

**Performance Time:** 8-10 minutes

### **Background Information:**

All of the scenes in this skit come from experiences with runners. This includes someone failing to finish races and finding a solution; runners prepping their bodies with the right foods before, during, and after races; stories about running in all kinds of weather including the Boston Marathon (Mass.) in the rain and wind; watching runners being followed by a coyote at the Sunriver Marathon (Ore.); gaining insight into meeting runners from all over the world and practicing language skills; and being at a Casablanca Marathon (MA) that started not at the start time, but when the runners began running. The point of this skit is to share things runners encounter in a humorous way!

### WHERE IS THIS PLAY USED?

- English classes as reader's theatre
- Writing classes as an example
- Drama showcases

# Run that Marathon

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RUNNER: *(on comfortable chair in counselor's office, finishing explanation)* So that's my problem. I'm too embarrassed to go to the coach, so I'm here.

COUNSELOR: *(looking at notes)* What I'm hearing is that you run about 23 miles and then give up. You never make it to 26.2 miles – a full marathon. Is that correct?

RUNNER: That's right. There must be something about my brain, my attitude....

COUNSELOR: I'm not a runner but I'd like to know some of the challenges of being a runner.  
*(takes notes as RUNNER talks)*

RUNNER: Well, time is an issue. It's finding time to get in a run. You know, with school and friends....

**MALE 1:** *(to FEMALE 1)* Hey Kerry, you know I'd like to hand out fliers with you for the fund drive, but I've to get in my run today. The race is in a month.

**FEMALE 1:** I can tell what's important to you *(turns, mumbles to herself)* and it ain't me. *(walks away; MALE 1 frustrated)*

RUNNER: Another thing has to do with food and drink. You have to know what to eat and drink to survive the stress on your body.

**FEMALE 2:** *(putting items in backpack, suitcase is on floor)* Carbs. *(looks at a product)* Salt or no salt? Gatorade. Water. Power bars. *(ad lib.)*

COUNSELOR: What about the weather. Do you run in all weather?

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HIGH SCHOOL TRUE STORIES

Drama - Present

## Run that Marathon

All the stuff runners encounter!



REBECCA LOCKLEAR

“This skit is just so funny! I plan to use it with high school drama students. I never knew *all the stuff runners encounter*. Great information. Entertaining.”

– Amazon customer

REBECCA LOCKLEAR, Writer  
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